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**Therapy With
Suicidal**

He has published numerous peer-reviewed journal articles, book chapters, and books on topics including DBT, adolescent suicide, childhood maltreatment, and borderline personality disorder. He is the coauthor of DBT Skills in Schools, DBT Skills Manual for Adolescents, and

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Adolescents. He has

conducted over 400

lectures and workshops

around the world,

training thousands of

mental health

professionals in DBT.

Dialectical Behavior Therapy with Suicidal Adolescents

...

Dialectical Behavior

Therapy (DBT) is one of

relatively few EBPs that

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has been found to be effective in reducing suicidal ideation and behaviors. For example, among recurrently suicidal individuals with borderline personality disorder, DBT has been found to reduce the rate of suicide attempts by 50% compared to non-behavioral therapy by community experts (Linehan et al., 2006).

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DBT's Approach to Treating Individuals at High Risk for ...

Filling a tremendous need, this highly practical book adapts the proven techniques of dialectical behavior therapy (DBT) to treatment of multiproblem adolescents at highest risk for suicidal behavior and self-injury.

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**Therapy with
Suicidal Adolescents**

by ...

A new meta-analysis, published in Behavior Therapy, has found that Dialectical Behavior Therapy (DBT) reduces self-harming behaviors, suicide attempts, and the frequency of using psychiatric crisis services. The research was led by Christopher DeCou at the University of

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Washington.

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**Dialectical Behavior
Therapy Reduces
Self-Harm and
Suicide ...**

The work of Marsha
Linehan on Dialectical
Behaviour Therapy
(DBT) has been
modified and used with
adolescents for a
number of years and
has been based on
some of the earlier
publications of Miller
and Rathus regarding

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DBT and suicidal
adolescents.

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**Dialectical
Behaviour Therapy
with Suicidal
Adolescents**

Importance: Dialectical behavior therapy (DBT) is an empirically supported treatment for suicidal individuals. However, DBT consists of multiple components, including individual therapy, skills training,

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telephone coaching, and a therapist consultation team, and little is known about which components are needed to achieve positive outcomes.

Dialectical behavior therapy for high suicide risk in ...

Dialectical behavioral therapy (DBT) is a type of cognitive behavioral therapy. Cognitive behavioral therapy tries to identify and

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change negative
thinking patterns and
pushes for positive...

**Dialectical
Behavioral Therapy
for Mental Health
Problems**

Dialectical Behavior Therapy was created by Marsha Linehan in the 1980s, originally as a therapy for those at-risk of suicide. It has proven very effective for treatment of suicidal behaviors. DBT

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has also become an

extremely successful

treatment for

borderline personality
disorder.

Reducing Suicidal Thoughts with DBT Skills | BETA

DBT refers to
dialectical behavioral
therapy. It's an
approach to therapy
that can help you learn
to cope with difficult
emotions. DBT
originated from the

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work of psychologist
Marsha Linehan, who...

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**DBT: Dialectical
Behavioral Therapy
Skills, Techniques ...**

Dialectical behavior
therapy (DBT) is a
specific type of
cognitive-behavioral
psychotherapy
developed in the late
1980s by psychologist
Marsha M. Linehan to
help better treat
borderline
personality...

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An Overview of Dialectical Behavior Therapy

Emerging research supports the effectiveness of dialectical behavior therapy (DBT) for suicidal adolescents. DBT is a form of cognitive-behavioral therapy that combines individual therapy, skills training, and telephone coaching and is implemented by

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Adapting dialectical behavior therapy to help suicidal ...

Dialectical behavior therapy (DBT) is an evidence-based psychotherapy that began with efforts to treat borderline personality disorder (also known as Emotional Instability Disorder). There is

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evidence that DBT can be useful in treating mood disorders, suicidal ideation, and for change in behavioral patterns such as self-harm, and substance abuse.

Dialectical behavior therapy - Wikipedia

Filling a tremendous need, this highly practical book adapts the proven techniques of dialectical behavior therapy (DBT) to

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treatment of
multiproblem
adolescents at highest
risk for suicidal
behavior and self-
injury.

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...

DBT-A was superior to
EUC in reducing self-
harm, suicidal ideation,
and depressive
symptoms. Effect sizes
were large for

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treatment outcomes in

patients who received

DBT-A, whereas effect

sizes were small for

outcomes in patients

receiving EUC.

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therapy for
adolescents with
repeated ...**

With this new two-
video set on Dialectical
Behavior Therapy,
Marsha Linehan
demonstrates key
interventions of the

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renowned approach
she created, in an
engaging and intense
reenactment of a
course of therapy with
a client who has
recently attempted
suicide.

**DBT With Suicidal
Clients - Marsha
Linehan Vol. 1**

Dialectical Behavior
Therapy (DBT) is one of
relatively few EBPs that
has been found to be
effective in reducing

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suicidal ideation and
behaviors.

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**Dialectical Behavior
Therapy for Children**

- Behavioral Tech

Dialectical Behavior
Therapy,²¹ delivered
for 19 weeks, consisted
of 1 weekly session of
individual therapy (60
minutes), 1 weekly
session of multifamily
skills training (120
minutes), and family
therapy sessions and
telephone coaching

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with individual
therapists outside
therapy sessions as
needed.
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**Dialectical Behavior
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Repeated ...**

Overview Filling a tremendous need, this highly practical book adapts the proven techniques of dialectical behavior therapy (DBT) to treatment of

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behavior and self-
injury.

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