

You The Owner Manual For Teens Review

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You The Owner Manual For

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YOU: The Owner's Manual: Michael F. Roizen, Mehmet C. Oz ...

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Dr. Roizen is author of the award-winning series of "RealAge" books and co-authored with Dr. Mehmet Oz the YOU: The Owner's Manual series of bestselling books. He is a lecturer, TV personality, radio talk show personality, and an advocate of exercise and living the healthy life... and he practices what he preaches.

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